

The basis for the Medical Taping Concept was laid in Japan and Korea in the seventies. At the time, methods of taping were being developed starting from the idea that movement and muscle activity are essential in maintaining and recovering health. The idea behind this was that muscles are not only responsible for movements of the body but they also control, for instance, blood and lymph circulation as well as body temperature. If the muscles do not function properly, it can cause a range of symptoms and complaints.

The Medical Taping Concept CureTape application has the following objectives:

- ◆ **Improving the muscle function by regulating muscle tone**
- ◆ **Removing any congestion to blood and lymphatic circulation**
- ◆ **Alleviating pain**
- ◆ **Supporting the function of the joints by:**
  - **Stimulating proprioception**
  - **Correcting the direction of movement**
  - **Increasing stability**
- ◆ **Neuro-reflexive manipulation**

The Medical Taping Concept is based on principles that are simple to learn, and the CureTape can be applied to any region of the body, as long as the physiotherapist understands the concept and is capable in the techniques.

Versatility is one of CureTape's fundamental characteristics, and there are constantly new applications and combinations being discovered.

The Medical Taping Concept Lymphatic Drainage Course will cover lymphatic drainage in the following areas:

- ◆ Head and neck – post neck dissections
- ◆ Breast
- ◆ Pubic swelling
- ◆ Swelling at the top of the thigh and root of the limb
- ◆ Elbow region
- ◆ Scar and fibrosis taping



#### **Additional Information:**

##### Payment Details:

*Cheque or bank transfer.*

*Bank Details: Barclays Bank Plc*

*Beneficiary: ANEID UK*

*Account Number: 63951480*

*Sort Code: 205333*

*When making a bank transfer, please add a note with the name and contact number of the participant. Please reference which course the payment is for.*

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**ANEID**  
UK, LIMITED



### **APPLICATION OF NEUROMUSCULAR TAPING TECHNIQUES IN LYMPHATIC DRAINAGE**

**September 17th and 18th, 2018**

Course Location:  
Maple House  
**Breakspear Medical**  
Wood Lane, Hemel Hempstead,  
Hertfordshire HP2 4FD

ANEID UK, Ltd.  
e.mail: [info@aneid.com](mailto:info@aneid.com)  
[www.aneid.com/courses](http://www.aneid.com/courses)

Course instructors are:

### Joaquim Coutinho

- Physiotherapist and Osteopath.
- Rehabilitation Physiotherapist in the University Hospital of Coimbra (HUC) and Lecturer at the School of Physiotherapy at the University of Aveiro in Portugal.
- Instructor of Medical Taping Concept for the past six (6) years
- Editor of the Brazilian Edition of "Medical Taping Concept Manual", by Josya Sijmonsma
- Member and Lecturer of the APBN (Portuguese Association for Neuromuscular Taping)



**Duration: 15 Hours**

**Vacancies: 24**

**Price of Course:** £195 (VAT included)

**Participants:** Must have working knowledge in Lymphatic Drainage

### Schedule:

**Monday** - 09:00 to 12:30 hrs  
12:45 to 17:00 hrs

**Tuesday** 09:30 to 12:30 hrs  
12:45 to 16:45 hrs

**Course Content:** Theory (30%) / Practical (70%). All necessary materials for the practical clinic will be supplied (a maximum of 2 Cure Tape rolls). Participants must bring scissors with them.

**Supplied material:** Handouts of the presentation, questionnaire and literature references.

**Clothing:** Comfortable clothes. For the practical clinic, it is recommended that the participants shave their legs, back and chest.

**Course Objective:** To teach nurses, physiotherapists and MLD therapists, the principal functions and application techniques of Neuromuscular Taping in Lymphoedema.

### COURSE PROGRAMME

#### Day One - Morning

- ♦ Introduction to Medical Taping Concept
- ♦ Effects of Lymphatic Taping
- ♦ Primary and secondary lymphedema of the arm
- ♦ Lymphatic Taping of the arm and hand
- ♦ Applications various shapes



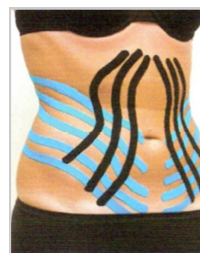
#### Day One - Afternoon

- ♦ Taping with anastomoses
- ♦ Lymphatic Taping after radiotherapy
- ♦ Primary and secondary lymphedema of the leg
- ♦ Lymphatic Taping of the leg and foot



#### Day Two - Morning

- ♦ Lymphoedema in facial area, with anastomoses
- ♦ Taping Diaphragm and abdominal complaints
- ♦ Taping of the gastric area, nausea during chemotherapy, motility, incontinence and constipation



#### Day Two - Afternoon

- ♦ Punch Tape Principles
- ♦ Punch tape application on the superior and

inferior limbs

- ♦ Fibrotic tissue and fibrotic vessels
- ♦ Scars



All participants will receive a copy of the **TNM Manual** by Josya Sijmonsma  
**ISBN: 89729822889**



Course Accredited by the **APBNM** (Portuguese Association for Neuromuscular Taping)

**APBNM/UK/02/17**



To register: [www.aneid.com/courses](http://www.aneid.com/courses)

To contact: [info@aneid.com](mailto:info@aneid.com)